Tryout Information

Due to *our season starts 2 weeks before school begins, all athletes will be required to be at 2-a-days/tryouts to compete for the 2023 season. Attendance is required at all practices, games, tournaments, and volleyball events. These arrangements need to be made before athletes come to tryouts.*

***Tryout Dates: July 31st – August 2nd***

|  |  |
| --- | --- |
| **July 31st**  6:30am – 7:15am  4:00 – 6:00pm | **August 3rd**  *Practice*  4:00 – 6:00pm |
| **August 1st**  6:30am – 7:15am  4:00pm – 6:00pm (Freshmen)  5:00 – 7:00pm (10th – 12th) | **August 4th**  Alvin Scrimmage |
| **August 2nd**  \*If you made a team\*  6:30am – 7:15am  4:00 – 6:00pm  **Mandatory Parent Meeting @ 6:15pm** | **August 5th**  Clear Falls Scrimmage |

* *Your physical form must be completed and turned into the trainers BEFORE you can participate in any form of tryouts. .*
* *Bring water!*
* *Please arrive from 6:00-6:150am on the first day to get checked in on time. You need to start in the training room. We will start at 6:30am. Remember that this is your first impression for the 2023 season and for freshman for your high school playing career.*
* *For track workout, you do not need to wear volleyball gear. For court tryouts, please wear knee pads*